

Purple band

In purple band we do the following beats at 130bpm to get a Red band.

Piece 1. (All played in a row to a click)

Techniques.

Bán (130 bpm)

1. Scorpion x 2 1 2 123
2. Flam X Flam XX
3. Flam X X X 12345
4. Flam Rim x 3 Flam Rim Rim.

Buí (130 bpm)

5. Flam Flam Flam XXX Flam Flam Flam X
6. Flam (w/ hatchet) X Flam Flam Flam
7. Flam Flam Rim Rim Flam Rim
8. We will rock you Scorpion Scorpion

Oráiste (tempo change in middle from 130 down to 110bpm) play along with this one.

9. Flam Rim Flam Flam Rim (1 2 and 3 4)
10. Flam Rim Flam Flam Rim (1 2 3 and 4)
1. Flam - Rim Rim 12345 X
2. Three to 12, 9 to 12 12345 12345

Glas (110 bpm)

3. Flam Flam Rim Rim Flam 123 (Rim)
4. Flam Flam Rim Flam Flam Rim (1 and 2 and 3 4)
5. Flam Rim Flam Rim Flam Rim LRL Rim (1 2 3 4 1 2 a 3 and 4)
6. Flam Flam Rim Flam Rim X X (1 2 3 rest 1 2 3 4)

Gorm (110 bpm)

7. Flam X (x7) Half taiko V
8. 55 X
9. RLR L L L X (1e& 2 and 3 4) I love the Bog
10. (In Shuffle time) R R R RL LR R R

5 sauces (3/2, 2-4, 16s, Baion, off beat). All played with 9x 90bpm (5 short videos)

5X (8 times) , 9X (8 times) 13 (4 times) all played at 90bpm (3 videos)

Phil Collins (8 times) 80 bpm

Boom Cha (8 times) 80 bpm

Song: Drum Scrum all at 90bpm. Play along with headphones with the video. No metronome. (16 short videos in total.)

If you pass you are up to red band and eligible for:
Beat Fleet.